

Support AT GREATER BOSTON PFLAG

AT GBPFLAG, we offer support, education, and advocacy.

GROUPS FOR PARENTS, FRIENDS, & MEMBERS OF THE LGBTQ+ COMMUNITY

These free groups are long standing sources of community support which provide confidential and non-judgmental spaces. You are welcome to attend no matter how recently your child, friend, or family member came out or how much you know about LGBTQ+ identities. As noted on the flyer, in addition to Community Focused groups, we also have some groups with specialty focuses, such as our Caregiver Focused groups!

Currently all groups are meeting virtually online. Contact the group email address for details on attending via Zoom or with any questions you may have. All are welcome.

Group Name Contact Monthly Meeting Time

ANDOVER/MMV *Trans/GNC Caregivers	merrimackvalleypflagT@gbpflag.org	2nd Tuesday, 7:00pm
CONCORD	kheideman@ametsoc.org	3rd Sunday, 7:00pm
EASTON *Trans/GNC Caregivers	eastontranschapter@gbpflag.org	1st Monday, 7:30pm
ESSEX/CAPE ANN	weeartie@yahoo.com	1st Tuesday, 7:00pm
FRAMINGHAM <i>A meeting for youth in Middle School is also offered.</i>	framingham@gbpflag.org	2nd Wednesday, 6:30pm
LEXINGTON	lexingtonsupport@gbpflag.org	2nd Thursday, 7:00pm
LOWELL	lowellsupport@gbpflag.org	1st Saturday, 10:00am
NANTUCKET	nantucketpflag@gmail.com	1st Wednesday, 6:30pm
NEWTON	newtonsupport@gbpflag.org	4th Wednesday, 6:30pm
READING <i>A meeting for youth in Middle/High School is also offered.</i>	pflagreading@gmail.com	2nd Thursday, 7:00pm Meets Sept - June
SOUTH SHORE	duxburypflag@gmail.com	4th Monday, 7:00pm
METROWEST <i>A meeting for youth in High School is also offered.</i>	metrowestpflag@gbpflag.org	4th Monday, 7:00pm
WALTHAM *Trans/GNC Caregivers	walthamchapterT@gbpflag.org	1st & 3rd Saturdays, 9:00am
WALTHAM *Transfeminine Caregivers	walthamtf@gbpflag.org	2nd Saturday, 9:00am
Mom's Coffee Hour *Trans/GNC Caregivers	momscoffee@gbpflag.org	4th Saturday, 9:00am
12 & Under *Trans/GNC Caregivers of kids 12yrs or younger	12andunder@gbpflag.org	4th Saturday, 9:00am

In addition to our support groups, we also have a number of other support programs available!

PARENT ONE TO ONE PROGRAM

Talk to someone who understands. Want to meet a parent or caregiver that has experience supporting a child with a similar identity? Want someone to explain what worked for them as a caregiver, how they worked with their school, hospital, insurance, or extended family to support their child? We can match you with someone who'll get on the phone with you, email with you, text with you, and/or meet in a public place and share their experiences.

**VOLUNTEER RUN,
CONFIDENTIAL HELPLINE (866)-427-3524**

No matter where you are with supporting your child, our volunteers are standing by.

This is a safe and confidential helpline with trained volunteers ready to listen, offer support, and provide resources. When you call this number you will leave a voicemail and get a call back shortly from someone who is ready to help you. Whatever information you share will be confidential.



**For more information or questions about GBPFLAG,
email us at info@gbpflag.org or call our office at (781) 891-5966.**

Keep up to date with us on social media @GBPFLAG on Instagram, Facebook and Twitter!