

Support **AT GREATER BOSTON PFLAG**

AT GBPFLAG, we offer support, education, and advocacy.

OPEN GROUPS FOR PARENTS, FRIENDS, & MEMBERS OF THE LGBTQ+ COMMUNITY

These free groups are long standing sources of community support open to parents, friends, family, allies, community members, and LGBTQ people. All are welcome.

ARLINGTON

(merged with Lexington)

CONCORD

Monthly on the 3rd Sunday, 7:00pm
Concord Union Church, 1317 Main St.
Contact Ken: kheideman@ametsoc.org

ESSEX/CAPE ANN

Monthly on the 1st Tuesday, 7:00pm
First Universalist Church of Essex, 57 Main St.
Contact Melanie: weeartie@yahoo.com

FRAMINGHAM

Monthly on the 2nd Wednesday, 6:30pm
First Parish, 24 Vernon St.
Contact Susan: framingham@gbpflag.org
Bring your child to NEXUS, an LGBTQ drop in space for middle school aged youth that happens cocurrently

LEXINGTON

Monthly on the 2nd Thursday, 7:00pm
First Parish Church, 7 Harrington Rd.
Contact Bob: lexingtonsupport@gbpflag.org

LOWELL

Monthly on the 1st Saturday, 10:00 am
21 George Street, Suite 400 Lowell
Contact Mara: lowellsupport@gbpflag.org

METROWEST

Monthly on the 4th Monday, 7:00pm
Rice House, 309 Washington St.
Contact: metrowestpflag@verizon.net
Bring your child with to WAGLY, an LGBTQ youth drop-in program that happens concurrently

NEWTON

Monthly on the 4th Wednesday, 6:30pm
Eliot Church, 474 Centre St. Newton
Contact Carol: newtonsupport@gbpflag.org
Bring your child to NEXUS, an LGBTQ drop in space for middle school aged youth that happens concurrently

READING

(Meets during the school year, Sept - May)
2nd Thursday of the month, 7:00pm
Loring House, 211 Summer Ave.
Contact Martha: pflagreading@gmail.com

SOUTH SHORE-DUXBURY

4th Monday of the month, 7:00pm
First Parish Church, 842 Tremont St. (Rt. 3A)
Contact: duxburypflag@gmail.com

For more information or questions about GBPFLAG, email us at info@gbpflag.org or call our office at (781) 891-5966.

CLOSED GROUPS FOR PARENTS* OF TRANSGENDER AND GENDER NON-CONFORMING CHILDREN

These groups are free, confidential, and non-judgmental spaces only open to parents of transgender/gnc children, led by trained parent volunteers.

You are welcome to attend no matter how recently your child came out or how much you know about transgender identities. Contact the group email address for details on dates, locations, times, or any questions you may have.

ANDOVER/MMV - Parents of Trans/GNC Children
Contact Deb: merrimackvalleypflag@gbpflag.org

EASTON - Parents of Trans/GNC Children
Contact: eastontranschapter@gbpflag.org

WALTHAM - Parents of Trans/GNC Children
Contact Wendy: walthamchapterT@gbpflag.org

WALTHAM - Parents of Trans Feminine Children
Contact Wendy: walthamtf@gbpflag.org

WALTHAM - Moms of Trans /GNC Children Coffee Hour
Contact Carol: momscoffee@gbpflag.org

PARENT ONE TO ONE PROGRAM

Talk to someone who understands. Want to meet a parent or caregiver that has experience supporting a child with a similar identity? Want someone to explain what worked for them as a caregiver, how they worked with their school, hospital, insurance, or extended family to support their child? We can match you with someone who'll get on the phone with you, email with you, text with you, and/or meet in a public place and share their experiences.

VOLUNTEER RUN, CONFIDENTIAL HELPLINE

(866) - 427 - 3524

No matter where you are with supporting your child, our volunteers are standing by. This is a safe and confidential helpline with trained volunteers ready to listen, offer support, and provide resources. When you call this number you will leave a voicemail and get a call back shortly from someone who is ready to help you. Whatever information you share will be confidential.

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*You are welcome as a "parent" if you are a legal guardian or caregiver. If you are an extended family member, chosen family member or sibling, feel free to contact the group leader, as exceptions are made.